

2019 13th Annual
North East Open
SATURDAY, August 10th 2019
CHECKLIST

Preparation

- Mail in Registration by **August 1st** or by July 1st for Discount:
 - Individual Competitor Registration Form
 - Waiver
 - Breaking Materials Request Form *(if Competing in Power Breaking Divisions or Optional for Creative) by July 19th 2019*
 - Team Registration Form *(If competing in Synchronized Team Events)*
 - Payment (certified check or money order payable to: **North East Open**)
- Make reservation for Overnight Accommodations using NEO Room Block at Renaissance hotel.

What to Bring

- Uniform & Belt/Sash
- Weapons *(if needed)*
- Sparring Gear *(if needed, required equipment: foam dipped head gear, hand gear, foot gear, mouth guard, groin protector)*
- Boards, Spacers, Tape, Props for Breaking Divisions *(if needed)*
- Self-Defense Props & Uke'/Partner *(if needed)*
- Music
(iPods or digital devices only please, Only the divisions competing on the Main Stage will be allowed to accompany their routine to music, however music will not affect your scoring).
- Cash
(for Admission Fees, Snacks/Food, and the many opportunities with the Exhibitors including trophy name plates and event T-shirts - ATM also available on site)
- Food/Water Bottle *(See additional information in the "What to Expect" Document)*
- Camera/Video Camera
- Light Jacket *(Room temperature fluctuates with the large number of attendees)*
- Smart Phone/Tablet *(To Utilize and Access the NEO LIVE Ring Updates Website)*
- A Good Attitude!